



Lapland Husky Trail Sled

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246 - 256km approx.

Approx. distance

Tough (2)

Challenge Grading

8 days

Challenge Duration

Sweden

Challenge Location

Challenge Highlights

Lead your own team of huskies across the Arctic

Learn how to dog sled in a long distance expedition

Camp in the Swedish wilderness

A chance to see the incredible Northern Lights!

The Challenge

Join us on this most unique of charity events as we spend six days sledding through the Swedish wilderness on an experience you will never forget.

Our charity challenge is to sled over 240km across Sweden through untouched nature, and celebrate our achievements at the world famous Ice Hotel! Our challenge begins in Kiruna, where we make our way to the Husky Lodge where we have dinner, a challenge briefing and most importantly, meet our four-legged friends who will be our closest companions for the duration of our challenge!

Challenge Itinerary

Day 1

Depart UK for flight to Kiruna, Sweden. Upon arrival, we transfer to the Dog Sled Centre where we meet our four-legged friends! Each person will be issued with a jacket, salopettes, mittens, boots or over boots, and a sleeping bag. Once settled in we have dinner, and a briefing on the challenge ahead!

Day 2

After breakfast we start the day with a briefing and learn more about our Alaskan Husky Sled dogs! Our dogs are top athletes, with some taking part in the World's longest sled dog race, the Iditarod. We aim to start sledding late morning, stopping for lunch before heading back to our Husky Lodge.

Once settled we have a further briefing about the rest of the week, enjoy dinner cooked over an open fire and finish off with time to relax in the sauna!

Sledding distance – approx. 16km

Day 3

After breakfast and completing our morning tasks, it's time to head out in to the wilderness! Today we head straight for an area surrounded by mountains, and spend a full day dog sledding in the wilderness. We'll stop for lunch outside in the Arctic, where we have a good chance to see some wild animals.

Tonight, we stay at a wilderness tent camp close to the National Reservation Area. Dinner will be eaten later tonight.

Sledding distance – approx. 50km

Day 4

After tending to our dogs and breakfast (tending to our dogs must come first, even before ourselves, remember they are the ones looking after us through the day!) we head out for another full day of dog sledding. Today we'll be in the Sami area, where only dog sleds are allowed and may see some reindeer.

We also learn about the Sami people, their way of life and also people's general way of life up in Northern Sweden. A local Sami person will come and talk to us when we are back at camp.

Sledding distance – approx. 50 – 60km

Day 5

After tending to our dogs and having breakfast (remember our dogs come first!), we are back on the road for another full day of sledding! Today we are heading towards our wilderness camp by the Rautas River. We stop for a wilderness lunch on Lake Jieka Javri.

In the evening there will be an opportunity to go ice fishing and maybe catch our lunch for the following day. Our accommodation tonight will be a wilderness cabin at the river camp.

Sledding distance – approx. 50km

Day 6

Today's dog sledding takes us around the area close to the river camp – by now we will be well drilled with what is involved each day, although we may feel a little tired after the previous days sledding!

Once back at camp we have dinner and some time to relax and enjoy our last night in the wilderness!

Sledding distance – approx. 50km

Day 7

Today we harness our dogs for the last time and head back to the Husky Lodge, which is home for our dogs and our in-country team. We have lunch at the lodge and then take our afternoon transfer to the Ice Hotel, which gives us a bit of time to settle in at our cabins before toasting our achievements in the evening at our celebratory meal!

Sledding distance – approx. 30km

Day 8

Following breakfast, we transfer to the airport for our return flight back to the UK, with our heads full of wonderful memories from our adventure!

Please note, this is a complex itinerary and is subject to change.

Please note – if the group size is larger than 10 participants then the group will be split.

In the event that the group size is larger than 10, half the group will do the itinerary in the order above and the other half will follow the order below:

Day 1, Day 2, Day 5, Day 6, Day 3, Day 4, Day 7, Day 8.

Challenge Inclusions

What's Included

- Return flights from London
- All accommodation and all meals on the trail excluding the celebratory meal
- Tents and essential kit items (snow boots, parka, trousers, sleeping bag, etc.)
- Professional English-speaking sledding guides throughout the expedition
- Global Adventure Challenges leader from the UK
- Full and comprehensive first aid kits
- Challenge Medal

What's Not Included

- Celebratory meal at the Ice Hotel – we recommend you budget around £50 – £70 for this
- Tips and gratuities
- Alcoholic drinks and drinks during meals
- Personal travel insurance
- **Please note that for bespoke challenges, inclusions and exclusions may differ**

Frequently Asked Questions

Is this trip for me?

ABSOLUTELY! This cycle is suitable for all ages with the correct training. The minimum age for this cycle is 18 years old (14-17 years must be accompanied by a parent or legal guardian). The one thing everyone will have in common is a great sense of adventure and a desire to help a charity. Whether you are taking part as an individual or as a team with friends, team spirit will be flying high on the challenge.

How fit do I need to be?

This challenge has been graded as Tough (2) on our challenge grading scheme and is designed to push your boundaries – however it is achievable by most people as long as you fitness train beforehand. Remember, you are going to be on your feet for the majority of the day, as well as taking care of campsite duties. (You will participate in all aspects of the challenge, including feeding, bedding and preparing the dogs, putting up and taking down tents, making hot drinks and generally helping around camp). Dog sledding can be arduous so good cardiovascular fitness is recommended. Training tips can be found on the Global Adventure Challenges website to point you in the right direction and why not sign up for one of our training weekends – it's a great opportunity for you to meet our team and fellow participants!

Our policy is to encourage and support as many people as possible to take part in our challenges. But they may not be suitable for all people due to restriction posed by limitation in mobility, physical or cognitive disability, pregnancy or other various medical conditions. If you have any doubts regarding your suitability for your challenge please contact our office to speak to one of the team.

What is the challenge grading scheme?

All our challenges are graded on a scale from 1 to 3 to indicate the level of difficulty, 1 being the lowest challenge grade and 3 being the most challenging. (1 = Challenging, 2 = Tough and 3 = Extreme).

Do I have to carry my own luggage?

No. Your kit whilst on trail will be kept in your sled and any other items can be left at the Dog Sled Centre ready for your return to Kiruna. You will need to bring a waterproof bag to take items on trail with you.

Do I need specialist kit?

We will supply you with a kit list of what to take once you register for the challenge. As you can appreciate, the kit required for this expedition needs to be quite comprehensive due to the environment, therefore you will be provided with much of the required kit including a jacket, salopettes, mittens, boots or over boots, and a sleeping bag suitable to withstand temperatures of lower than -20°C. Further details will be sent when you register for the challenge. If you do have any queries regarding the kit needed for this challenge, please don't hesitate to contact our team on 01244 676 454.

Food Matters...

Due to the extreme conditions of the Arctic, all food is cooked using boiled water. Each tent (two mushers per tent) will be issued with a food box for the expedition – this will contain items for breakfast, lunch and dinner. Dinners are typically 'Dry Tech' (just add boiling water) foods

which are tasty and very nutritional. You and your tenting partner will be required to cook for yourselves upon arrival at each camp. We cater for most dietary requirements so long as we know in advance – just fill in the appropriate section on your registration form.

What support is there on the challenge?

There will be a strong support team with a professional Global Adventure Challenges Leader from the UK, as well as local dog sledding guides. Comprehensive medical kits will be taken. Mobile telephones/radios will be used to ensure your safety and security at all times.

Can I stay in Sweden after the challenge?

Yes you can, but you would need to amend your booking from our flights inclusive package either before or after you have registered to our ground only package. For further information on prices and how our ground only packages work please contact events@globaladventurechallenges.com.

What happens if I get tired?

Rest stops will be whenever needed and when it is appropriate to stop and will depend on the dynamics of the group and the weather conditions. Remember – this is a challenge, not a race!

How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.